






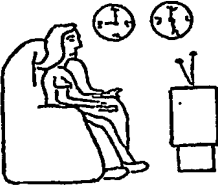



 <input type="checkbox"/>	eat salad at fast food restaurant	 <input type="checkbox"/>	eat broccoli and fish for dinner
 <input type="checkbox"/>	eat chips right before sleeping	 <input type="checkbox"/>	eat 2 vegetables instead of rice
 <input type="checkbox"/>	drink soda With sugar	 <input type="checkbox"/>	pack a snack to eat while out
 <input type="checkbox"/>	drink soda with artificial sweetener	 <input type="checkbox"/> <input type="checkbox"/>	walk for 15 minutes
 <input type="checkbox"/>	watch t.v. all day	 <input type="checkbox"/> <input type="checkbox"/>	raining, sit for days
 <input type="checkbox"/>	eat many fries	 <input type="checkbox"/> <input type="checkbox"/>	skip walk for several days

44

42

40

46

Fig. 2

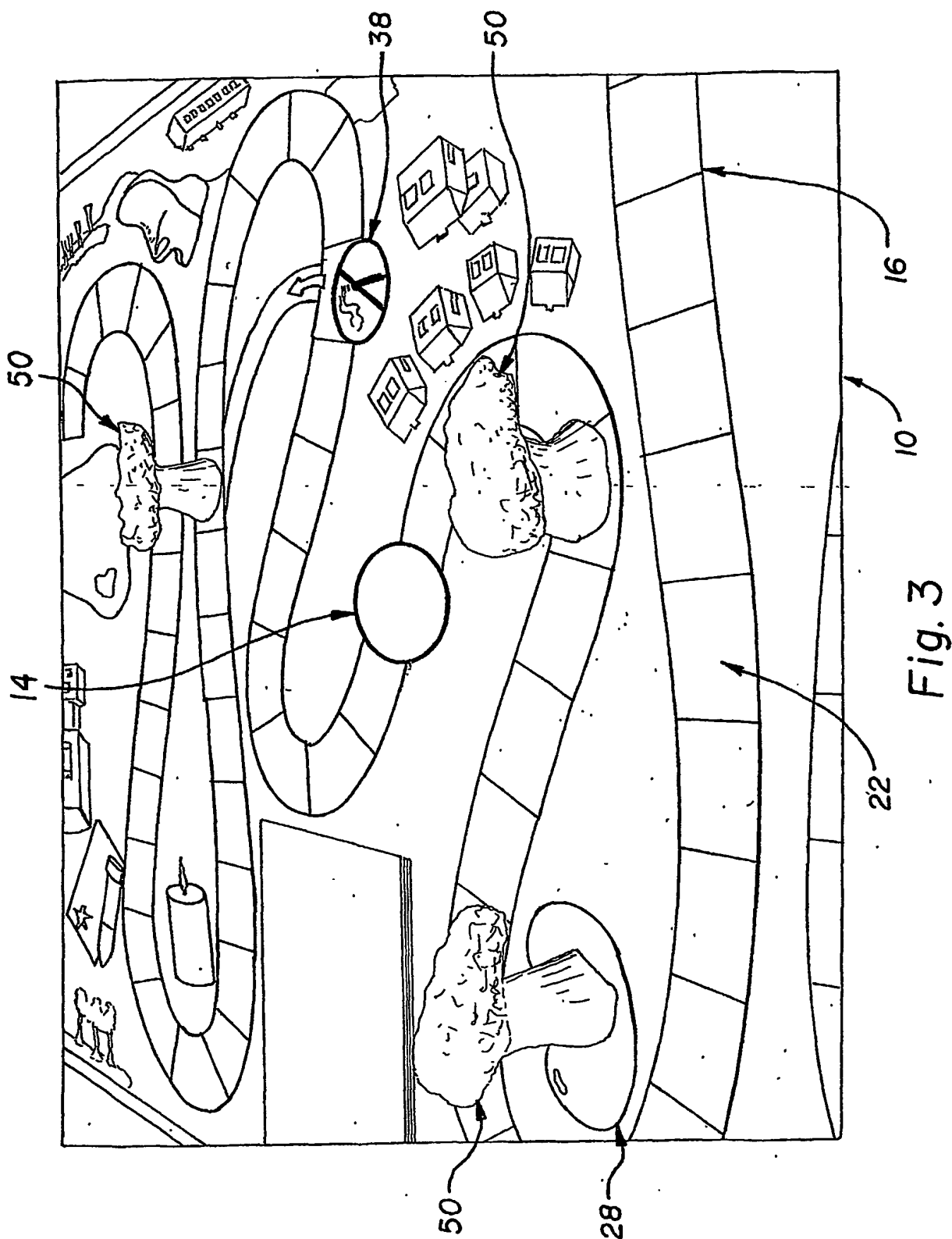


Fig. 3

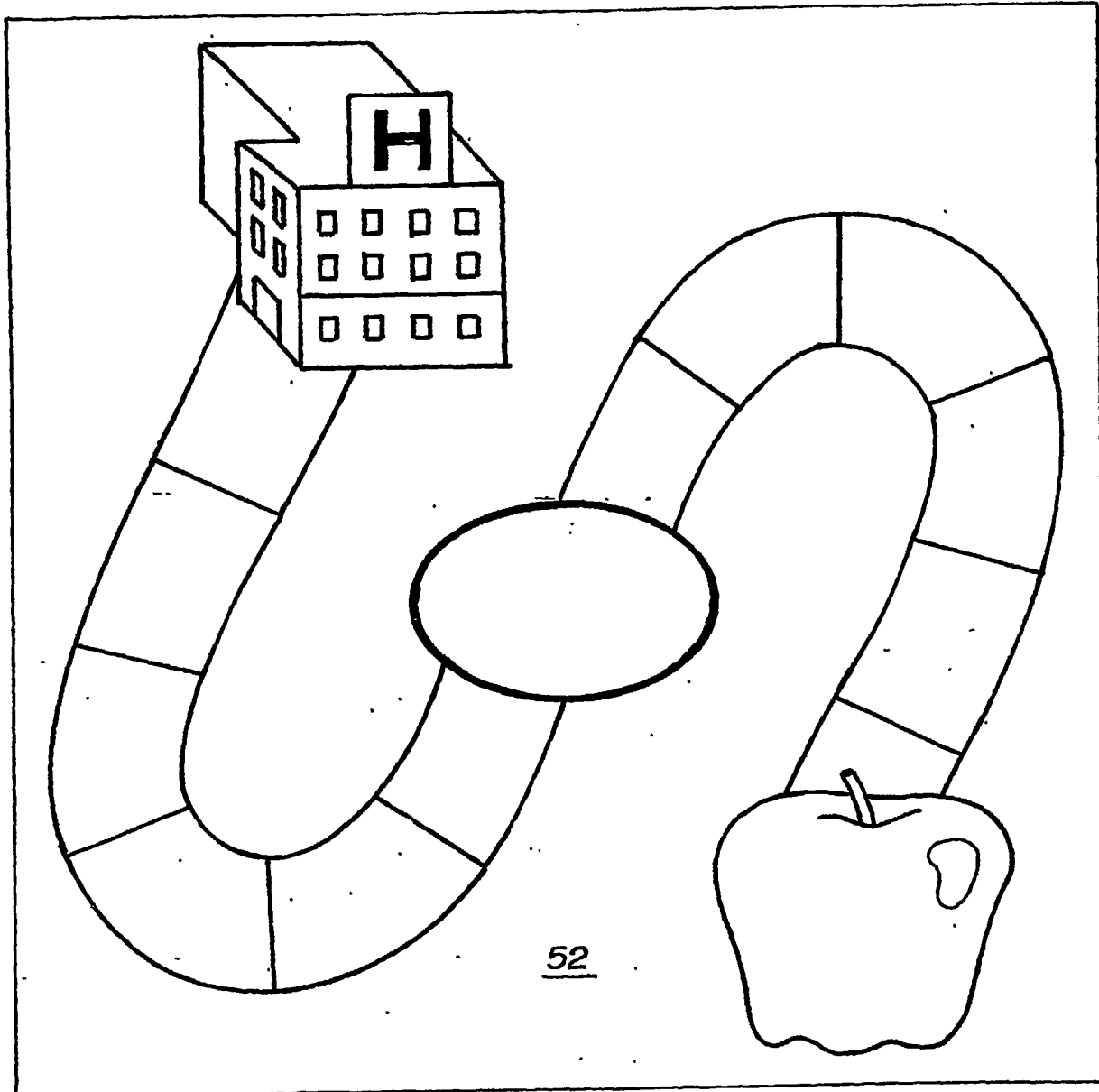


Fig. 4